



# PROVIDER PROGRAM DETAILS

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## AFLNT

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### ORGANISATION OVERVIEW

AFL delivers a wide range of programs across the Northern Territory. AFLNT is able to offer flexible programs that can be tailored to suit the children and community needs. Our programs build children's confidence and encourage a healthy and active lifestyle. AFLNT are also able to provide a range of coaching and umpiring courses for community members.

### PROGRAM DESCRIPTION

AFLNT has three key product offerings:

1. AFL Clinics - Auskick or Thunder Juniors
2. Ongoing Junior Competitions
3. Umpiring and Coaching Courses

### PROGRAMS INCLUDE

#### AFL CLINICS - AUSKICK OR THUNDER JUNIORS

Participants will learn the skills of the game in an exciting, social and safe environment. Boys and girls will learn the fundamental motor skills vital for future physical activity and sport participation as well as learning how to interact with other children as part of a team in small group activities.

AFL Clinics are able to be held after-school during the week. Minimum one week per community. Trained AFL Staff will conduct a range of modified games and skill based drills, finishing with mini AFL matches. Mid-week competitions could be incorporated around the clinics or on the weekend following. These can be tailored for each age group.

4 - 12 year olds - Auskick Clinics

Auskick centres can be run after school as a great way to get kids active.

Auskick provides children the opportunity to develop their AFL through a wide range of modified games and skills activities.

The cohort is broken into age groups and tailored activities are run for each group.

Timing: Everyday afterschool for one week, culminating in a Super Clinic on Friday or Saturday.

Optional extra: participants can receive an Auskick backpack, football and NT Thunder singlet.



## Ages 12 – 18 – Thunder Junior Clinics

Thunder Junior Clinics are for older kids aged 12 - 18.

They are a combination of skills activities and match play.

AFLNT coaches work with the children to develop their skills, team work and game approach. Participants are put into teams for the week and participate in a round robin.

The match play is with modified rules to encourage participation by all.

Games are coached and umpired by AFLNT with the support of local community members or the Department of Sports & Recreation employees.

Timing: minimum one week, everyday afterschool and possible carnival on Saturday.

Optional extra: participants can receive a football and training singlet. Team Playing Guernseys can also be purchased.

## ONGOING JUNIOR COMPETITIONS – AGES 12 AND OVER

AFLNT staff are able to assist community members to set-up and run Junior AFL games. These could be held mid-week after school or on weekends. This would provide children the opportunity to participate in regular physical activity through AFL.

AFLNT Staff will run skills sessions with the participants and put them into teams. There is a focus on participation, team work and game techniques.

AFLNT can work with community members to developing coaching techniques to ensure the teams are sustainable.

During the initial set-up phase, games can be umpired by AFLNT representatives however a volunteer from the community must be able to take over the umpiring duties (training is available).

## UMPIRING AND COACHING COURSES

AFLNT Staff can run Coaching and Umpiring courses for community members aged 16 and over. Workshops are approximately 3 hours in duration with part of the completion being an online component. Participants would be equipped to assist with umpiring and coaching local community football games.

## EQUIPMENT

### AFL Kit

- Footballs and storage bag suitable for Juniors age 7 to 12 years.
- 10 x Size 3 Footballs
- 1 x Mesh Ball Bag
- 1 x Football pump

### Handball Target

- Target with points 3 to 10
- Folds flat



### Footballs (Size 3)

- Size 3 Footballs - Suitable for ages 7 to 12
- Size 2 Footballs - Suitable for ages 5 to 7

### Junior Football Goals

- Standalone football poles
- Suitable for all ages 3 – 15 years
- Easy to store when not in use

### Football Guernseys

- Team pack - 24 playing Guernseys

### Coach and Umpire packs

- Available on request
- (price on request)

[CHECK OUT PROMOTIONAL VIDEO HERE.](#)