



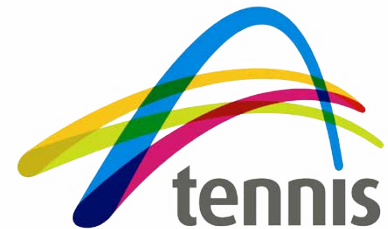
# PROVIDER PROGRAM DETAILS

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## TENNIS NT

### CONTACT PERSON

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### PROGRAM DESCRIPTION

You don't need a tennis court to play Tennis Hots Shots – all you need is a flat area and a bit of imagination. Play indoors if it's too hot. We provide portable nets, line markings, low compression beginner balls, various sized kids racquets, and a qualified coach.

The ANZ Tennis Hot Shots program is made up of fun tennis activities which support skill acquisition and movement all whilst playing the game.

Tennis Hot Shots facilitates active play and is inclusive. Tennis can be played by both boys and girls of all ages and abilities. The aim of this program is to support remote communities with sustainable health and physical education programs. This is done in part by increasing the participation and activity levels of its people and running an intro to Hot Shots training course for adults in the community.



### PRODUCT OFFERING SPECIFICS

ANZ Tennis Hot Shots is a tennis program designed specifically to meet the needs of children. With the inclusion of smaller courts, and modified equipment; lighter racquets and low-compression balls it makes tennis fun and easy to learn for young children.



There are four stages of the ANZ Hot Shots Program – Blue, Red, Orange and Green – targeted specifically to select age groups and levels.

Children will be taught to score and officiate themselves, creating opportunities for a Hot Shots league to be run after the Remote Sports Voucher program has finished.

### BLUE STAGE AND RED STAGE

The program will help to stimulate motor skill development, build strength, balance and general coordination.

These levels are also our Introduction to tennis, with games created to ensure group interaction, self-confidence through easily mastered skills, and fun through competition.

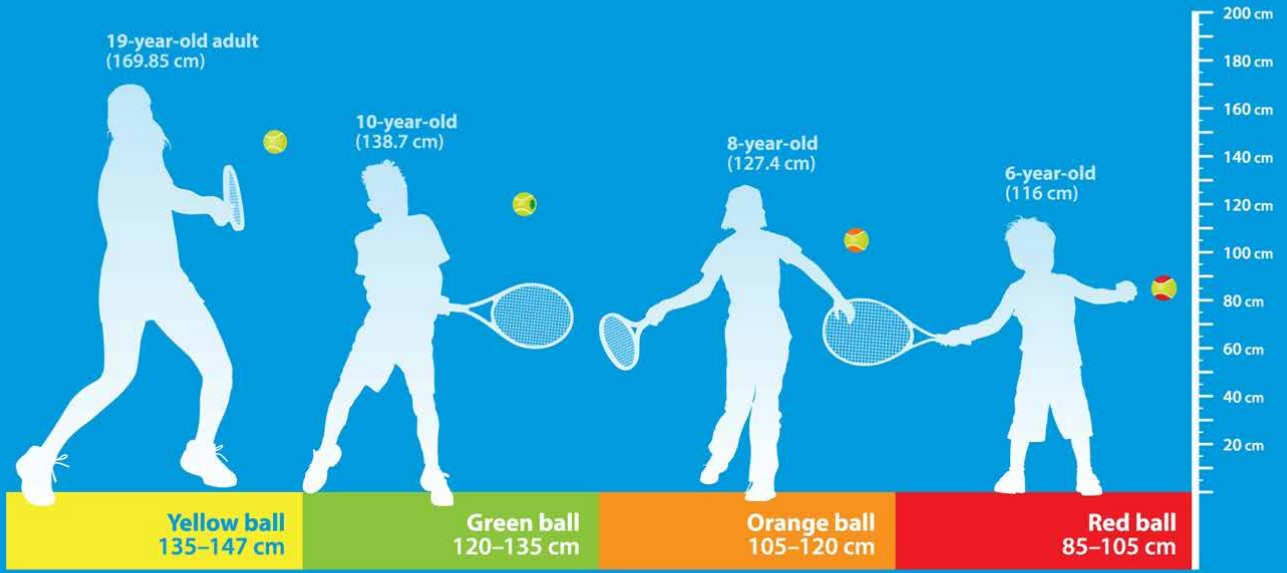


## ORANGE STAGE AND GREEN STAGE

Develop technique, ability to rally, body coordination, challenge & concentration, group interaction, self-confidence, fun  
 Consolidate technique and swing patterns, game strategy, develop physical skills, discover the game, rules and type of competition.



### Why low-compression balls are perfect for 10-and-under players



- Average heights of males and females combined (World Health Organisation, 2007)  
 - Maximum rebound height specifications for ITF approved tennis balls (ITF Rules of Tennis 2011)





## TENNIS NT PATHWAYS

After completing the remote sports voucher Tennis Hot Shots program children will be trained and ready to nominate for a variety of different pathways.

Tennis NT will assist in organising a local Hot Shots league. There will be regional carnivals for players to attend, Inter School competitions, and an Indigenous National Tennis Tournament at the completed Marrara Tennis complex (2018). The communities will be left with fun and easy games to improve the skills of the children that take part. Communities can also book in additional visits to further challenge the future tennis stars of the Territory, and help them work towards achieving their goals.

## EQUIPMENT

### SMALL NT REMOTE HOT SHOTS KIT

Official ANZ Tennis Hot Shots equipment:

- 1 x 6m 'doubles play' portable nets
- 2 x 3m 'singles play' portable nets
- 1 x Roller Bag
- 15 x Kids Hot Shots racquets, various sizes
- 4 Dozen introduction tennis balls
- Drop down lines

### MEDIUM NT REMOTE HOT SHOTS KIT

Official ANZ Tennis Hot Shots equipment:

- 2 x 6m 'doubles play' portable nets
- 4 x 3m 'singles play' portable nets
- 1 x Roller Bag
- 30 x Kids Hot Shots racquets, various sizes
- 6 Dozen introduction tennis balls
- Drop down lines

### LARGE NT REMOTE SHOTS KIT

Official ANZ Tennis Hot Shots equipment:

- 4 x 6m 'doubles play' portable nets
- 8 x 3m 'singles play' portable nets
- 1 x Roller Bag
- 45 x Kids Hot Shots racquets, various sizes
- 8 Dozen introduction tennis balls
- Drop down lines