



PROVIDER PROGRAM DETAILS

GYMNASTICS NORTHERN TERRITORY

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Gymnastics
Northern Territory

ORGANISATION OVERVIEW

Gymnastics NT is the governing body in the Northern Territory for the sport of Gymnastics and in turn is affiliated with the national body Gymnastics Australia.

PROGRAM DESCRIPTION

Recreational gymnastics programs are designed and adapted to various ages and abilities utilising equipment available. Gymnastics NT coaching staff at the beginning of a session will quickly assess the participant's ages and abilities and the program will be modified to suit.

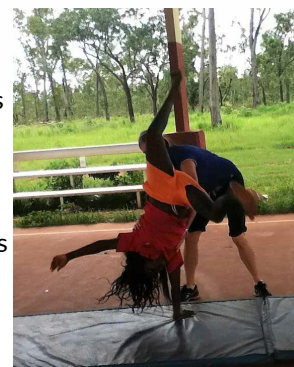


PRODUCT OFFERING

LaunchPad gymnastics programs rely on safe and enjoyable activities that challenge participants relative to their abilities and stage of development. They've been designed to give children and young people the opportunity to practice, develop and, most importantly, enjoy moving through a wide range of activities that will help them to develop physically, socially and cognitively.

PRODUCT OFFERING SPECIFICS

- Launchpad: KinderGym (0 - 5 year old)** – Is founded on child development principles and is specifically designed as a movement-based learning experience for children from zero to five years.
- Launchpad: GymFun (5-8 year olds)** – Is focused on the fundamental movement patterns that assist children progress into more advanced skills or activities. The games and activities in GymFun are safe and encourage children to work with others, cooperate and build self-esteem.
- Launchpad: GymSkills (8 - 12 year olds)** – As children develop their movement skills, we introduce activities that are more advanced and challenging. GymSkills is designed to keep participants engaged and enthusiastic whilst challenging their minds and bodies. All participants are encouraged to actively participate in the program by attempting skills at least once.
- Launchpad: FreeG Kids** – FreeG is a term used to describe a new and rapidly developing activity which encourages participants to use traditional gymnastics equipment in new ways. It draws on influences from martial arts, free-running, parkour, tricking and breakdance. This program introduces participants to key concepts and basic skills.





NOTES ON PRODUCT OFFERING

It is Gymnastics NT's preference that 2 coaches attend community for program delivery and that a ratio of 1-25 is adhered to. Program delivery can be over 1 or 2 weeks and depending on access to community and undercover facilities, a gymnastics program can be hosted anytime of the year.

EQUIPMENT

A base set of equipment is required to facilitate an adequate and engaging program and a quote can be arranged for inclusion in the funding application. This equipment is left in community for future program delivery or for use by the community, schools or council.

The base set of equipment includes:

- mini trampoline
- 3-piece vault box
- 10 x scatter mats
- large wedge
- crashmat

When communities request us for a return visit, please do a stock take of equipment and let us know if anything needs replacing, so that it can be included in the quoting process.

Gymnastics NT also provides various handheld equipment as follows:

- parachutes
- bean bags
- skipping ropes
- elastic rainbow ring
- scarves

OTHER INFORMATION

Launchpad: <http://www.launch-pad.org.au/>

FreeG: <http://www.freeg.org.au/>

KinderGym: [https://www.gymnastics.org.au/GA/Gymsports/Gymnastics for All/KinderGym](https://www.gymnastics.org.au/GA/Gymsports/Gymnastics%20for%20All/KinderGym)